



प्राचार्य का कार्यालय  
**OFFICE OF THE PRINCIPAL**  
वर्धमान महावीर मेडिकल कॉलेज एवं सफ़रजंग अस्पताल  
**VARDHMAN MAHAVIR MEDICAL COLLEGE & SAFDARJUNG HOSPITAL**  
नई दिल्ली - 110029  
**NEW DELHI - 110029**  
स्वास्थ्य सेवा महानिदेशालय, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार  
गुरु गोबिंद सिंह इंद्रप्रस्थ विश्वविद्यालय, दिल्ली से संबद्ध  
Directorate General of Health Services, Ministry of Health & Family Welfare, Govt of India  
Affiliated to Guru Gobind Singh Indraprastha University, Delhi

Ref.No 1-21/20, VMMC

Dated: 27/11/2020

**General instructions and mandatory guidelines for students for re-opening of college with effect from 1<sup>st</sup> December.**

1. All students must carry a negative RT-PCR report which should not be earlier than 48 hours, prior to the date of joining.
2. Installation & display of Arogya Setu App shall be mandatory.
3. All students must wear a mask.
4. Respiratory etiquettes are to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly. Spitting shall be strictly prohibited.
5. Physical distancing to be followed as far as feasible.
6. Practice frequent hand washing with soap (for at least 30-40 seconds) even when hands are not visibly dirty
7. Use alcohol-based hand sanitizers (for at least 20 seconds).
8. Self-monitoring of health and reporting any illness at the earliest to the warden/ designated nodal officer
9. Sharing of stationary etc will not be allowed.
10. Temperature screening will be mandatory before being allowed into the hostel/college.
11. Student with any symptoms INFLUENZA LIKE ILLNESS (like fever, cough, sore throat, malaise & diarrhea) will not be allowed to rejoin/enter into hostel.
12. The students will be divided in batches for screening, the exact dates & schedule will be intimated later.
13. Five counters will be arranged for screening in the open space area (near Amul outlet) in the college building.
14. Students will be asked to report between 8 am to 8 pm only. Those who report after 8 pm, will have to come via New Emergency Block after being declared fit by the Nodal Officer incharge.

15. All the hostelers who stay in Delhi will commute on a daily basis for the time being. Only Students from outside from Delhi will be allowed to stay in hostel after they display the Fitness Certificate issued after screening.
16. Hostelers who develop symptoms after joining will be kept in isolation in pre-designated rooms in boys' and girls' hostel until their TRUE-NAT/ RT PCR report is ready (Action, Girls and Boys hostel wardens).
17. Dr Sameer Gulati, Associate Professor, Dept of Medicine will be the designated as Nodal Officer for coordination regarding re-joining of students and Dr Rupali Malik, Associate Professor, Dept of Medicine will look after his work in his absence.
18. Contact persons: Dr. Sarvesh Tandon (Boys Hostel warden-9810345531), Dr. Anita Verma (Girls Hostel Warden-8800399656), Dr. Sameer Gulati (M: 9873082208) and Dr. Rupali Malik (9891364688)

*Raj Kapoor*  
27/11/2020

**(Dr. Raj Kapoor)**  
**Principal, VMMC & SJH**

डॉ. राज कपूर / Dr. Raj Kapoor  
प्राचार्य / Principal  
वी.एम.एम.सी. एवं साफदरजंग अस्पताल,  
V.M.M.C. & Safdarjung Hospital,  
नई दिल्ली-110029 / New Delhi-110029