



प्राचार्य का कार्यालय  
**OFFICE OF THE PRINCIPAL**  
वर्धमान महावीर मेडिकल कॉलेज एवं सफ़दरजंग अस्पताल  
**VARDHMAN MAHAVIR MEDICAL COLLEGE & SAFDARJUNG HOSPITAL**  
नई दिल्ली - 110029  
**NEW DELHI - 110029**  
स्वास्थ्य सेवा महानिदेशालय, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार  
गुरु गोबिंद सिंह इंदरप्रस्थ विश्वविद्यालय, दिल्ली से संबद्ध  
Directorate General of Health Services, Ministry of Health & Family Welfare, Govt of India  
Affiliated to Guru Gobind Singh Indraprastha University, Delhi

Ref.No 1-21/20, VMMC

Dated: 3 /11/2020

**General instructions and mandatory guidelines for students in view of Covid  
Pandemic when they are reporting to VMMC & SJH.**

To prevent COVID infection, students must follow following measures:

1. Physical distancing to be followed.
2. Use of appropriate masks is mandatory.
3. Practice frequent hand washing with soap (for at least 30-40 seconds) even when hands are not visibly dirty.
4. Use alcohol-based hand sanitizers (for at least 20 seconds) which will be made available at common places in college & hostel
5. Respiratory etiquettes are to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly. Spitting shall be strictly prohibited.
6. Self-monitoring of health and reporting any illness at the earliest to the warden/ designated nodal officer.
7. Installation & use of Aarogya Setu App is mandatory.
8. Sharing of stationary etc will not be allowed.

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3 /11/2020  
(Dr. Raj Kapoor)  
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