



प्राचार्य का कार्यालय

OFFICE OF THE PRINCIPAL

वर्धमान महावीर मेडिकल कॉलेज एवं सफ़दरजंग अस्पताल
Vardhman Mahavir Medical College & Safdarjung Hospital

नई दिल्ली- 110029 / New Delhi -110029

स्वास्थ्य सेवा महानिदेशालय, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार
गुरु गोबिंद सिंह इंद्रप्रस्थ विश्वविद्यालय, दिल्ली से संबद्ध

Directorate General of Health Services, Ministry of Health & Family Welfare, Govt of India.
Affiliated to Guru Gobind Singh Indraprastha University, Delhi



P/Prin/3039/24.

Date: - 17.08.2024

OFFICE ORDER

An Anti-Drug Hostel committee is hereby constituted under the Chairpersonship of the Principal with reference to received D.O. No. DP/7/2023-DP-I dated August 6, 2024 from Secretary, Department of Higher Education & Secretary, Department of Social Justice & Empowerment.

Anti-Drug Hostel Committee

S. No.	Name of the Officer	Designation	Department	Designation
1.	Dr. Manish Kumath	Director Professor & Warden Boys' Hostel	Forensic Medicine	Nodal Officer
2.	Dr. Mamta Panwar	Professor & Assistant Warden Girls' Hostel	Anaesthesia	Member
3.	Dr. Mohit Gupta	Professor & Assistant Warden Boys' Hostel	Forensic Medicine	Member
4.	Dr. Rekha Bharti	Professor & Warden Girls' Hostel	Obstetrics & Gynecology	Member
5.	Dr. Sandeep Shaina	Associate Professor & Assistant Warden Boys' Hostel	Orthopaedics	Member
6.	Dr. Surabhi Yadav	Professor & Assistant Warden Girls' Hostel	Biochemistry	Member
7.		Counsellor	Psychiatry	Member
8.		President, RDA		Member
9.		President, SWA		Member

- (the above names are in alphabetical order not as per seniority)

ROLES AND RESPONSIBILITIES OF THE COMMITTEE MEMBERS

I. NODAL OFFICER: -

- Overseeing the working of the hostel committee.
- Dealing with grievances presented by the parents, resident students and other beneficiaries.
- Planning the schedule of anti-drug activities in the hostel.
- Submission of quarterly ATR (proforma attached as Part IV) to the Department of Social Justice and Empowerment.

II. ASSISTANT WARDENS BOYS' & GIRLS': -

- Monitor hostel activities and behaviours of the residing students to identify any signs of risky behaviour.
- Report/deal with the grievances of the hostel residents.
- Establish effective confidential referral systems in collaboration with campus health services/counselling.

III. COUNSELOR

- a. Establish a mechanism for substance use related counselling service within hostels.
- b. Visiting the hostel two days a week to counsel students on priority basis.
- c. Group counselling of 1st year hostellers every month.
- d. Awareness creation workshop on substance use disorders/ consequence of substance use etc.

IV. STUDENT REPRESENTATIVES

- a. Establish peer support groups or networks within the hostel to provide a supportive environment.
- b. Serve as role models by demonstrating responsible behaviour and healthy choices, influencing peers positively.
- c. Participate in activities, such as discussions, workshops, and seminars, to deepen understanding and engagement in substance use prevention efforts.

S. No.	LIST OF ACTIVITIES THAT CAN BE DONE UNDER THE ABHIYAAN (NON - EXHAUSTIVE)	Action to be taken by
1.	Training and awareness generation activities with children, adolescents, youth and master volunteers.	UG Incharge, VMMC
2.	Sports and physical activities	Convenor Sports Committee, VMMC
3.	Seminars, Webinars or Workshops for awareness generation	HOD Psychiatry, VMMC & SJH
4.	Nukkad Natak, Skits and Play	SWA, (Kavalya Society)
5.	Yoga and Meditation Activities	UG Incharge, VMMC
6.	Focus Group Discussions with various stakeholders in high risk areas (online and offline)	UG Incharge, VMMC
7.	Social Media Campaigns	Mr. Ashoo, Medical Photographer, VMMC

Structured approach for continuous support to students in hostels

S. No.	Stages	Activities	Action to be taken by
1.	Admission	A seminar on awareness against substance use for the fresh batch as a part of their orientation & submission of an anti-drug declaration. Counselling of 1 st year student Counsellor/ Department of Psychiatry.	UG Incharge, VMMC



Dir-Prof Geetika Khanna
Principal, VMMC & SJH

Copy to: -

- PS to MS, VMMC & SJH
- All Addl. MS, VMMC & SJH
- All HODs (Through E-Mail), VMMC & SJH
- Registrar / Deputy Registrars (Acad.), (Acad.), VMMC & SJH
- All concerned members through HODs, VMMC & SJH
- OIC Academic, VMMC
- AAO, Academic, VMMC
- President, RDA
- President, SWA
- Officer I/c, Server Room with the request to upload the same on the website