



प्राचार्य का कार्यालय
OFFICE OF THE PRINCIPAL
वर्धमान महावीर मेडिकल कॉलेज एवं सफ़दरजंग अस्पताल
Vardhman Mahavir Medical College & Safdarjung Hospital

नई दिल्ली- 110029 / New Delhi -110029

स्वास्थ्य सेवा महानिदेशालय, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार
गुरु गोबिंद सिंह इंद्रप्रस्थ विश्वविद्यालय, दिल्ली से संबद्ध

Directorate General of Health Services, Ministry of Health & Family Welfare, Govt of India.
Affiliated to Guru Gobind Singh Indraprastha University, Delhi

P07/2049/21

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GUIDELINES FOR MANAGEMENT OF COVID SURGE - 13/4/21

Generic Preventive Measures

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (faculty, employees, students and visitors) in all places at all times.

These include:

- Physical distancing of at least 6 feet to be followed, as far as feasible.
- Use of face covers/masks to be made mandatory.
- Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- Self-monitoring of health by all and reporting of any illness at the earliest.
- Spitting shall be strictly prohibited.
- Installation & use of Aarogya Setu App shall be mandatory.

SOPs to be followed in case a student/faculty/staff develops symptoms (fever, cough, difficulty in breathing)

- Place the ill person in a room or area where they are isolated from others.
- Inform parents/guardians of the student as the case may be
- Testing to be done and risk assessment shall be undertaken by the designated Nodal Officers and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.

Ensure Safe Stay at Hostels

Further, the following specific points for Hostels shall also be followed:

- Screening of every boarder returning from outside should be done and he/she should be allowed to enter only after a negative PCR report is submitted.
- Symptomatic boarders shall be initially isolated in designated rooms, on one floor preferably. Nodal Officers, Dr Rupali Malik (9891364688) and Dr Sameer Gulati, (9873082208) to be contacted for further management, if required.

- iii. **Mess facility, if any within the premises, shall follow physical distancing norms at all times. Provision of room service should ideally be implemented to prevent overcrowding. In case not feasible, staggering of meal timings may be strictly enforced.**
- iv. In shared rooms/dormitories, the beds should ideally be placed at a distance of 6 feet from each other. Temporary partitions may be considered, if feasible.
- v. Proper crowd management in the hostel as well as in outside premises like parking lots – duly following physical distancing norms shall be ensured. Gatherings/congregations shall continue to remain prohibited.
- vi. Visitors for students including parent/ guardians to be avoided as far as possible.
- vii. Hostel premises should be out of bound for all persons except essential staff with known health status.

Examination

- i. As directed by NMC, all scheduled University examinations will be held, as notified.
- ii. Regarding practical examinations, it is advised to encourage use of simulated case scenarios and supporting material like X-rays, CT scan, ECG, Lab reports etc.
- iii. Use of OSCE/OSPE is also desirable in the current scenario.
- iv. All generic preventive measures are to be strictly adhered to while conducting the practical examination and social distancing norms to be strictly followed.

Library and Open space

- i. All students to ensure that social distancing norms and hygiene measures are followed strictly in the above areas.
- ii. Instructions of support staff are to be followed and arguments to be avoided.

NOTE

Infection Prevention and Control protocol guidelines available at:
(<https://www.mohfw.gov.in/pdf/National%20Guidelines%20for%20IPC%20in%20HCF%20-%20final%281%29.pdf>)


Dr. L G Krishna
Officiating Principal
VMMC & SJH

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