



सत्यमेव जयते



प्राचार्य का कार्यालय
OFFICE OF THE PRINCIPAL
वर्धमान महावीर मेडिकल कॉलेज एवं सफ़दरजंग अस्पताल
Vardhman Mahavir Medical College & Safdarjung Hospital

नई दिल्ली- 110029 / New Delhi -110029

स्वास्थ्य सेवा महानिदेशालय, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार
गुरु गोबिंद सिंह इंद्रप्रस्थ विश्वविद्यालय, दिल्ली से संबद्ध

Directorate General of Health Services, Ministry of Health & Family Welfare, Govt of India.
Affiliated to Guru Gobind Singh Indraprastha University, Delhi

Ref.No 1-21/20, VMMC

Dated: 13 /04/2021

General instructions and mandatory guidelines for MBBS students

1. Installation & display of Arogya Setu App shall be mandatory.
2. All students must wear a mask.
3. Respiratory etiquettes are to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly. Spitting shall be strictly prohibited.
4. Physical distancing to be followed as far as feasible.
5. Practice frequent hand washing with soap (for at least 30-40 seconds) even when hands are not visibly dirty.
6. Use alcohol-based hand sanitizers (for at least 20 seconds).
7. Self-monitoring of health and reporting any illness at the earliest to the **warden/ designated nodal officer.**
8. Sharing of stationary etc will not be allowed.
9. Student with any symptoms INFLUENZA LIKE ILLNESS (like fever, cough, sore throat, malaise & diarrhea) will immediately report to the nodal officer/Warden/UG Incharge.
10. Hostellers who develop symptoms after joining will be kept in isolation in pre-designated rooms in boys' and girls' hostel until their TRUE-NAT/ RT PCR report is ready.
11. Dr Sameer Gulati / Dr Rupali Malik Associate Professors, Dept of Medicine will be the designated as Nodal Officers for coordination.
12. Contact persons: Dr. Ashish Jaiman (Boys Hostel warden-9899991455), Dr. Rekha Bharti (Girls Hostel Warden-9871394999), Dr. Sameer Gulati (M: 9873082208) and Dr. Rupali Malik (9891364688).
13. All students are advised refer to the COVID-19 guidelines issued by MOHFW available on college & MOHFW website.

1. Incharge se keve Room to update website
2. STANDARD DISTRIBUTION


Principal,
VMMC & SJH